COVID-19 Guide to Mental Health Resources for Justice-Involved People

Resources for people with justice involvement

Free, confidential mental health and social services are available through the following organizations:

**Fountain House** (website or call 212-553-6708)
- Information and referral for people with mental illness and their families.
- Help line: 917-676-5157

**The Osborne Association** (website or call 212-553-6708)
- Services for people who have been impacted by HIV/AIDS, incarceration, substance use, and behavioral health challenges.
- Program for justice-involved individuals with substance misuse needs, answer questions about benefits, and expedited psychiatrist appointments.
- Free, confidential mental health and substance misuse services are available through NYC Health + Hospitals partners.

**CASES** (website or call 646-614-1000)
- Tele-mental health services at CASES Nathaniel Crane Center in Central Harlem.
- Online education programs.
- Coronavirus (COVID-19) resources page at cases.org.

**ThriveNYC** (website or call 212-553-6708)
- Free, confidential mental health support during the COVID-19 pandemic.
- Information that can help people with justice involvement, people with loved ones who are or were recently incarcerated, and people with medical, mental health, and substance use needs.
- Resources for people of every gender, sexual orientation, race, and age who are impacted by HIV/AIDS, incarceration, substance use, gender-nonconforming individuals.
- All resources in this guide are free, confidential, and accessible by phone, text, or online.

**Justice-Involved People**
- Connecting with other caregivers or people can help you better support and connect with your children.
- Tips for caregivers from caregivers about how to help children manage stress and develop resiliency. Available activities:
  - Joining a virtual peer group with people who have a loved one incarcerated, from the Osborne Association. To make a referral, contact Ivan Lucas at ilucas@osborneny.org or call 929-514-0024.
  - Virtual healthy relationship workshops and parenting classes for people involved in the justice system, from the Osborne Association. To make a referral, contact Jasmine Lastra at jlastra@fortunesociety.org or call 929-487-9495.
  - Trauma-focused therapy is available for all children involved in the justice system, from the Osborne Association. For more information, contact Andrew Tate at atate@fortunesociety.org or call 212-553-6708.

**Help for non-parent caregivers,** including children with incarcerated parents:
- **Fountain House's OnRamp** (website or call 917-676-5157 for more information or to make a referral)
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- Case management.
- Pre-release discharge planning and reentry programming.
- Case management and expedited psychiatrist appointments.
- Free, confidential mental health support during the COVID-19 pandemic.

**Resources for people with loved ones who are state-named incarcerated**

**COVID-19**

- Accessing available reentry services can help in any year or your loved one transition home, including:
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